



# Programs & Services Guide

## 2018-19 School Year

The Guide is organized around our *Whole School Climate Framework*. All workshops, trainings and programs are designed specifically to educate, equip and empower the audience to improve climate, safety and performance at their school or district.



Our programs and services contribute to a coordinated and sustainable approach for improving school climate while decreasing behavior incidents and suspensions.

\*All prices include materials, technical assistance and related travel expenses.

STUDENT & YOUTH SERVICES	COST
<p style="text-align: center;"><b>Safe School Ambassadors® Program Overview</b></p> <p>The Safe School Ambassadors® (SSA) program is included on SAMHSA'S <i>National Registry of Evidence-based Programs and Practices</i> as a Legacy Program. In 2010, results from the study showed that during the designated time period:</p> <ul style="list-style-type: none"> <li>• SSA schools showed suspension rate <b>decreases of 33%</b></li> <li>• Non-SSA control schools showed suspension rate <b>increases of 10%</b></li> </ul> <p>When the Safe School Ambassadors program is implemented and delivered with fidelity, the following results are reported:</p> <ul style="list-style-type: none"> <li>• Decreased incidents of bullying, harassment, cyber bullying, violence, exclusion and other forms of harmful behaviors and mistreatment</li> <li>• Increased attendance and academic performance</li> <li>• Reductions in the costs and losses in both time and money related to suspensions</li> <li>• Improved relationships among and between students and adults</li> <li>• Increased respect for diversity and different ways of thinking and acting</li> <li>• Increased feelings of connectedness to school and each other</li> </ul>	
<p><b><u>Safe School Ambassadors® Program – Elementary, Middle, and High School:</u></b></p> <p>This training equips socially influential students with skills they can use with their peers to prevent and stop, bullying, violence, and other forms of mistreatment. The Initial and Expansion Trainings are for new students and adults and includes program guides, web tools, and resources for a year-round program. Also includes coaching by phone and email to support program implementation and sustainability. For 4<sup>th</sup> through 12<sup>th</sup> grade students.</p> <p><b>1<sup>st</sup> Year Implementation (Initial Training):</b> Community Matters trains up to 40 new elementary, middle, or high school students and 5-8 adults. (1:6 adult to student ratio for each day).</p> <p><b>2<sup>nd</sup> and subsequent years (Expansion Training):</b> Community Matters trains up to 40 new elementary, middle, or high school students and 5-8 adults; on Day 2 schools may add <b>up to 12</b> previously-trained veteran Ambassadors. (1:6 adult to student ratio for each day).</p> <p>The SSA program is most effective when implemented over a 3-year timeframe, which allows it to develop strong roots that anchor it firmly into school culture and practice. After the first three years of Community Matters providing the SSA Training, schools are provided the opportunity to move into a Training of the Trainer (TOT) model. When schools move to the TOT, Community Matters partners with the school to support the program in a long-term sustainable way. With this approach, the SSA program and the premises on which it stands become imbedded into the school practices as a way of thinking, communicating and behaving.</p>	<p>Two-day: \$6,500</p>
<p><b><u>Safe School Ambassadors® Program – Re-Ignite Training:</u></b></p> <p>This training is for previously trained students and adults. It is intended to re-invigorate the program, provide skills review, and assist with annual program planning. <i>The Re-Ignite</i> includes training, program guides, tools, resources, and coaching. This is for <u>experienced</u>, previously trained student Ambassadors and program adults only. <i>For up to 50 students and a 1:6 adult to student ratio.</i></p>	<p>One-day: \$3,800</p>

SUPPORT SERVICES FOR THE SSA PROGRAM	COST
<p><b><u>Safe School Ambassadors® Program – Training-of-Trainers (TOT):</u></b>  This training is designed for a team of people within a district or school to be trained to conduct SSA Expansions &amp; SSA Re-Ignite for schools in their district or region that have already conducted SSA first year training and hold a current site license.  <i>For schools that have had at least three years of successful SSA program delivery.</i></p>	Price starts at \$10,000, determined by # of participants
<p><b><u>Safe School Ambassadors® Program – Training-of-Trainers Practicum:</u></b>  Practicum Training includes the cost of the 2-day SSA Expansion training and two to three TOT participants co-delivering the training under the guidance of a Community Matters Senior Trainer. In addition, the CM Trainer provides pre-coaching, and post training mentoring and feedback.</p>	Two-day: \$7,500
<p><b><u>Safe School Ambassadors® Program – TOT Re-Ignite:</u></b>  This training is intended to refresh and re-invigorate TOT Participants. Includes training, tools, resources, and coaching.  <i>For experienced, previously trained TOT participants only.</i></p>	One-day: From \$3,800
<p><b><u>Safe School Ambassadors® – Adult Leaders Workshop</u></b>  This workshop is designed to empower Program Advisors, Family Group Facilitators and other staff involved in the SSA program to achieve the highest level of outcomes from their SSA program. Participants are provided the opportunity to connect, network and collaborate with other local school’s SSA Leaders and Community Matters Staff. Topics include; overcoming program obstacles, student engagement, family group meetings and activities, data collection support and best practices for operating with fidelity to achieve desired results.</p>	Full-day: \$3,000  Half-day: \$2,200
YOUTH EMPOWERMENT WORKSHOPS and TOPIC SPECIFIC TRAINING	COST
<p><b><u>Waking Up Courage Assembly (WUCA) – Elementary, Middle, and High School:</u></b>  A powerful, student-centered experience that engages, unites, and empowers K-12 students to stand up and speak up when they see bullying, cyber-bullying and mistreatment among their peers. It introduces them to youth-friendly language and skills they can use to safely and effectively defuse, de-escalate, and stop bullying behaviors. The Assembly can be easily incorporated into existing school bell schedules. Up to 3 Assemblies per day (if additional are needed, please inquire).  <i>For Elementary School - up to 125 students. For Middle &amp; High School - up to 250 students.</i></p>	One-day: \$3,800
<p><b><u>ATOD Peer to Peer Prevention Program – Middle or High School:</u></b>  The Peer-to-Peer Prevention Program (PPPP) aims to decrease student use of Alcohol, Tobacco and Other Drugs (ATOD) through careful selection of socially influential student leaders from grades 7-12. Selected students and adult facilitators are trained in communication skills and techniques, so they can effectively communicate with their peers about the use, misuse and abuse of ATOD’s.  <i>For up to 30 students and 5 adult leaders.</i></p>	Two-day: \$6,000
<p><b><u>LGBTQI Student Training – Middle or High School:</u></b>  This training equips diverse student leaders with the knowledge, motivation and skills to prevent, interrupt and stop incidents of bullying, harassment and cyber-bullying targeting LGBTQI students. Provides students with the confidence and competence to act as “upstanders”, reduces disciplinary incidents, saves time and money and improves overall school climate.  <i>For up to 30 students and 5 adult leaders.</i></p>	Two-day: \$6,000  One-day: \$3,800

<p><b><u>Connect &amp; Respect Program – Elementary, Middle, and High School:</u></b>  For smaller school populations, this one-day training provides students and faculty with the skills and experiences to challenge stereotypes about one another and build more positive relationships, which reduces bullying, cyber-bullying and mistreatment, while improving the overall social-emotional climate. For 4<sup>th</sup> through 12<sup>th</sup> grade students.  <i>For up to 50 students and a 1:6 adult to student</i></p>	One-day: \$3,800
<p><b><u>Restorative Practices – Empowering Students as Leaders</u></b>  <i>Please see Restorative Practices section on page 6.</i></p>	
<p><b><u>Empowering Student Athletes as Positive Leaders – Middle or High School:</u></b>  Students athletes have a major influence on most campuses, yet in many schools, athletes are an underutilized resource for creating positive change in school climate. This hands-on dynamic forum inspires and equips athletes on campus to harness their power and influence to create a more inclusive and safe school climate.  <i>For up to 70 students 10 Adults.</i></p>	One-day: \$3,800
<p><b><u>Empowering Students to be Upstanders – Elementary, Middle, and High School:</u></b>  Students have tremendous power in setting the social norms on campus, yet they often feel ill equipped to do anything when they witness mistreatment. This workshop introduces students to being Upstanders, starting with identifying and noticing the types of mistreatment occurring on their campus. Students will participate in community building and self-reflective activities and have the opportunity to practice several ways to safely intervene when they witness mistreatment. For 4<sup>th</sup> through 12<sup>th</sup> grade students.  <i>For up to 70 students 10 adults.</i></p>	Half-day: \$2,200
<p><b>PROFESSIONAL DEVELOPMENT (Focused on School Climate Improvement)</b> <span style="float: right;"><b>COST</b></span></p>	
<p><b><u>School Climate &amp; Safety Improvement – Staff Development:</u></b>  These workshops are designed to help staff members understand the importance of school climate and its relationship to achievement and attendance. Participants will gain an understanding of what staff can do to improve student behavior and reduce discipline incidents, including:</p> <ul style="list-style-type: none"> <li>• Identifying the underlying and harmful forms mistreatment on their campus</li> <li>• Building supportive and empowering relationships with students</li> <li>• Techniques for empowering socially influential students to safely and effectively intervene when they witness mistreatment</li> </ul>	Full-day: \$3,000  Half-day: \$2,200
<p><b><u>Strengthening School Climate and Improving Discipline – Administrators Training:</u></b>  This workshop provides a framework for understanding school climate and its impact on achievement and discipline. A roadmap for improving school climate will be presented based on the following:</p> <ul style="list-style-type: none"> <li>• Best practices and strategies for supporting positive school climate</li> <li>• Recommendations for reducing suspensions through restorative practices</li> <li>• A summary of laws, regulations, and funding related to bullying and cyberbullying</li> </ul>	One-day: \$3,000
<p><b><u>School Climate Improvement – School Resource Officers and Campus Supervisors:</u></b>  This workshop provides an understanding of the importance of school climate, its connection to educational outcomes, and what School Resource Officers and Supervisors can do to improve it, including:</p> <ul style="list-style-type: none"> <li>• Building supportive relationships with students</li> <li>• Noticing the pervasive forms of bullying, cyber-bullying and other mistreatment</li> <li>• Intervening effectively using relational power vs. positional power</li> </ul> <i>For up to 40 adults.</i>	One-day: \$3,000

<p><b><u>Bus Driver Training – Bullying &amp; Mistreatment Prevention &amp; Intervention Training:</u></b>  Full-day training for bus drivers and any others responsible for bus safety. Many districts report increased discipline incidents occurring on school buses, putting drivers and students at greater risk. This interactive and dynamic training provides the following:</p> <ul style="list-style-type: none"> <li>• Best practice skills for managing disruptive behaviors using restorative practices</li> <li>• Knowledge and skills for building and strengthening relationships with students</li> <li>• Resources and tools for being an “asset building” adult</li> </ul> <p><i>For up to 40 adults.</i></p>	<p>One-day: \$3,000</p>
<p><b><u>LGBTQI: For Administrators &amp; Staff to Support Students:</u></b>  Provides administrators, faculty, and other educational leaders with the knowledge, skills, and resources to address the growing safety and educational concerns of lesbian, gay, bisexual, transgender, questioning and intersex youth (LGBTQI). The training helps leaders of today’s diverse school communities build climates of safety where all young people experience acceptance, connection, and respect.</p> <p><i>For up to 40 adults.</i></p>	<p>Full-day: \$3,000</p> <p>Half-day: \$2,200</p>
<p><b>RESTORATIVE PRACTICES</b></p>	<p><b>COST</b></p>
<p><b><u>Restorative Practices – Administrators Training:</u></b>  This training is intended for administrative-level staff with responsibility for school safety, climate, and discipline. It provides an overview of restorative practices and its relationship to discipline, school climate, and its roots in restorative justice. Participants will learn how to effectively establish school-wide restorative practices by building buy-in of staff and families, developing policies and procedures, training staff and leadership, and utilizing best practices and lessons from the field.</p> <p><i>For up to 50 adults.</i></p>	<p>One-day: \$3,000</p>
<p><b><u>Restorative Practices – Skills Development (Circles):</u></b>  This training is designed for staff and administrators. It provides a foundation for individuals interested in using restorative practices with their students and deepening their understanding of its roots in restorative justice and effectiveness in achieving positive behavioral outcomes. The training is experiential and provides skills practice with affective statements, impromptu dialogue, and the use of circles, which are essential elements in the restorative practice continuum.</p> <p><i>For up to 40 adults.</i></p>	<p>Two-day: \$5,500</p>
<p><b><u>Restorative Practices – Skills for Creating a Restorative School Culture:</u></b>  This one-day training is designed for administrators and staff as an introduction to Restorative Practices (RP) and how RP creates, promotes and enhances positive school campus cultures. An overview of RP is explored and experiential introductions to affective statements, impromptu dialogue and community building circles are shared.</p> <p><i>For up to 40 adults.</i></p>	<p>One-day: \$3,000</p>
<p><b><u>An Introduction to Restorative Practices:</u></b>  This training is designed for staff and administrators. It provides a foundation for individuals interested in using restorative practices with their students and deepening their understanding of its roots in restorative justice and effectiveness in achieving positive behavioral outcomes. The training is experiential and provides skills practice with affective statements, impromptu dialogue, and the use of circles, which are essential elements in the restorative practice continuum.</p> <p><i>For up to 40 adults.</i></p>	<p>Half day: \$2,200</p>

<p><b><u>Restorative Practices – Conferencing:</u></b> <i>CM partners with the International Institute of Restorative Practices (IIRP) to provide this Formal Restorative Conferencing Training.</i></p> <p>This 2-day training is designed for individuals experienced in Restorative Practices who are interested in facilitating restorative conferences. Participants will:</p> <ul style="list-style-type: none"> <li>• Learn how to plan and coordinate pre-conference activities, which are essential to the success of Restorative Conferences</li> <li>• Gain skills needed for effectively facilitating conferences</li> <li>• Understand how to develop and monitor high quality follow-up plans</li> <li>• Recognize the benefits of Restorative Conferencing and their positive impacts on school discipline, suspensions and overall climate</li> <li>• Receive a copy of the International Institute for Restorative Practices (IIRP) conferencing book</li> </ul> <p><i>* Pre-requisite: Participants must have prior experience with RP, either completing Community Matters’ Restorative Practices Skills Development 2-day training or related experience.</i></p> <p><i>For up to 30 adults.</i></p>	<p>Two-day: \$6,500</p> <p><i>Includes IIRP Materials.</i></p>
<p><b><u>Restorative Practices – Empowering Youth as Restorative Leaders (Middle and High School)</u></b></p> <p>This dynamic 2-day training is part of a year-round program. It equips and empowers diverse student leaders with the tools, resources and skills to act as restorative leaders. Through hands-on activities students learn the importance of building a restorative culture and their role in fostering a safe and connected school. This training is experiential and provides opportunities to practice participating in circles, using affective statements and restorative communication skills.</p> <p><i>* Pre-requisite: School must have adults that are already using restorative practices and are committed to supporting the program throughout the year.</i></p> <p><i>For up to 30 students and 5-6 adults.</i></p>	<p>Two-day: \$6,500</p>
<p><b><u>Restorative Practices – Introduction for Students (Middle and High School)</u></b></p> <p>This powerful youth and adult forum provides hands-on experience for participating in restorative circles, strengthening relationships between staff and students and empowering participants to act restoratively in their schools. It is designed for staff leaders with responsibility for school safety, climate and discipline to work with diverse student leaders</p> <p><i>* Pre-requisite: School must have adults that are already using restorative practices and are committed to supporting the program throughout the year.</i></p> <p><i>For up to 30 students and 5-6 adults.</i></p>	<p>One-day: \$3,800</p>
<p><b><u>Restorative Practices – Consulting Services</u></b></p> <p>With expertise and a proven track record of success in implementing and utilizing restorative approaches and practices for school climate improvement, Community Matters is available to provide consultation services to districts and individual schools that are interested in school climate transformation efforts.</p>	<p>Contact us for more information.</p>
<p><b>PARENT EDUCATION &amp; COMMUNITY ENGAGEMENT</b></p>	<p><b>COST</b></p>
<p><b><u>Parents/Guardians Workshop:</u></b></p> <p>This engaging two-hour workshop will equip parents/guardians with knowledge and skills to take action when they or their children witness or hear about bullying, harassment and cyberbullying. Parents will learn how to use proven communication skills to encourage their children to talk with them more openly. Participants will learn ways to respond effectively and how to engage with school staff when incidents occur. Parents will also learn about the Safe School Ambassadors® program, which equips student leaders with the skills to prevent, interrupt and stop acts of meanness.</p> <p><i>For one or more schools – up to 100 participants.</i></p>	<p>\$750</p> <p><i>*Parent Workshops are held in conjunction with another full-day service</i></p>

<p><b>Safer Schools Symposium:</b>  This one-day event engages educators, students, and parents who gather with leaders from government, business, nonprofit and service sectors to examine how young people can partner with adults to prevent and reduce violence, bullying, and other forms of mistreatment, and build more positive school climates.  <i>For multiple stakeholders within the community – up to 100 people</i></p>	<p>Contact us for more information.</p>
<p><b>WHOLE SCHOOL CLIMATE 360° (WSC360°) ASSESSMENT</b></p>	<p><b>COST</b></p>
<p><b>Safer Schools ~ Saving Time ~ Recovering Money ~ Higher Performance</b>  WSC360° is a comprehensive school site or district-wide assessment and analysis process that identifies strengths, weaknesses, and gaps in climate improvement efforts.  A WSC360° Assessment can include but is not limited to: a comprehensive review of discipline policies and procedures; district-wide climate surveys; interviews with key educational leaders; a review of discipline numbers and patterns, focus groups with students, staff and parents; and a final report with best practice recommendations.  A two-day strategic planning session is provided that engages approximately 25 stakeholders from the school and community at large. This session provides an analysis of findings, training on how to use the Whole School Climate Framework as a roadmap for planning, and tools and resources for developing a school climate improvement plan.  Each WSC360° Assessment is customized and priced based on the size of the school or district, the scope of the assessment, and the specific circumstances of the school or district’s climate.</p>	<p>Contact us for more information.</p>
<p><b>KEYNOTES AND PRESENTATIONS</b></p>	<p><b>COST</b></p>
<p>Community Matters experienced staff and trainers are available to deliver keynotes, presentations and workshops on a variety of topics such as: “Improving School Discipline and Creating Safer Schools from the Inside-Out”, “Empowering Youth to Stop Bullying and Improve School Climate: An Evidence-Based Approach”, “Leading the Change through Restorative Practices”, and more.</p>	<p>Contact us for more information.</p>
<p><b>CONSULTING SERVICES</b></p>	<p><b>COST</b></p>
<p>As a national thought leader with expertise in whole school climate improvement, Community Matters is available to provide consultation services to districts and individual schools that are interested in school climate transformation efforts.</p>	<p>Contact us for more information.</p>

**\*Additional Notes/Details:**

- Prices are based on travel within the continental United States. Additional travel expenses may apply for International services, remote or extremely rural locations.
- Prices are based on a one-person delivery of service; if more than one person is needed to deliver a service, additional costs will apply.
- Customization: Community Matters may offer individualized consultation and customization of select programs and services to meet the specific needs of the school/community.
- For information on how to find funding support, go to [www.community-matters.org](http://www.community-matters.org) and click on the Research and Recourses Tab. Then click on Funding Sources for Schools to download our Funding Toolkit.
- Prices are subject to change without notice. The prices above are quoted for the 2018-19 school year.