

# Harness the power of your **Safe School Ambassadors®** to prevent bullying and improve school climate

## Mentor Training

### The Safe School Ambassadors Mentor Training

The training empowers your already trained student Ambassadors to serve as cross-age mentors. These Mentors deliver guided lessons designed to help reduce and prevent bullying, cyber-bullying and harassment at school.

For schools with students in grades K-6 or K-8, the Mentor Training is a school-wide model that equips upper grade student Ambassadors with the language, skills and motivation to:

- prevent, stop and report bullying and other hurtful actions in their school and neighborhood;
- present activities to all grades that encourage students to treat others with kindness and respect, and to speak up, even when their peers don't.

*"The Mentoring program has allowed our Ambassadors to take on a much larger leadership role and helped initiate amazing inter-grade discussions regarding appropriate behavior. Both mentors and mentees are feeling confident to notice, think and act to stop mistreatment."*

**Susan B. Roffman**, Principal, St. Vincent de Paul Elementary School, Petaluma, CA

### Cost

Please refer to our Programs & Services Guide.



### Program Design

The Mentor Training is typically scheduled a few months after your Safe School Ambassador training. It includes:

- Mentor training for the previously trained Ambassadors who will then be equipped to lead a series of classroom lessons for all grade levels. These lessons build a foundation of social skills and relationships that support positive classroom behavior and improved school climate;
- Training for the previously trained adult SSA leaders who are the Family Group Facilitators, Program Advisors and the Administrator in Charge;
- Guidance for the principal and other administrative staff on the key elements of successful management of the SSA program, and on their role in school climate improvement efforts.



**Safe School Ambassadors® is included in SAMHSA's National Registry of Evidence-Based Programs and Practices**

For more information or to schedule your **Safe School Ambassadors Mentor Training**, contact us by phone: 707-823-6159 or by email: [outreach@community-matters.org](mailto:outreach@community-matters.org)

# Safe School Ambassadors Mentor Training

The training day provides your Ambassadors with:



## Skills in 5 Domains:

- Self-management: understanding thoughts, naming feelings, and making responsible choices;
- Empathy: identifying and understanding the feelings of others;
- Communication & friendship: getting along, resolving disagreements and conflicts peacefully;
- Intervention: speaking up to help others treat people right and make good choices;
- Presentation/Facilitation: students learn how to deliver interactive lessons to a class of students.



*"Becoming a safe and welcoming place for all students, staff and families is not a goal grownups can achieve alone... the younger students respond very positively to the SSA values when taught to them by the student Mentors."*

**Silvia Cordero**, Principal, El Dorado Elementary School,  
San Francisco, CA

## Knowledge:

- A common language and deeper understanding of the types of bullying, cyber-bullying, harassment and other mistreatment;
- The consequences and costs of these mean behaviors which can activate their empathy and motivation to act.

## Confidence:

- Building and strengthening the understanding and connection with both staff and students;
- Practicing and delivering the guided classroom activities.



## Motivation to take Action:

- Concern for the well-being of others empowers students to stand up and speak up.

Along with your full-day SSA® Mentor Training you will receive an implementation toolkit that includes 30 interactive classroom lessons for the Ambassador Mentors to deliver.

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