

PART I I I

# Youth as Social Change Agents

THIS PART OF THE BOOK SHOWS HOW THE INSIDE-OUT approach introduced in Chapter Four can be applied to the problem of mistreatment outlined in Part One. Its focus is on the practical application of sound principles to produce powerful results.

Chapter Six outlines a new way of working and being with young people that's based on empowerment: students are not seen as consumers but as contributors, not problems but solutions. It provides guidelines for doing that in the classroom and through school-wide programs and activities. The chapter highlights our own formula for youth development and explains how to put that formula and theory into practice.

Chapter Seven examines current research that emphasizes the importance of bystanders in the aggressor-target-bystander triad. It provides information that shows how to use our youth empowerment model to mobilize bystanders to break the code of silence and become proactive in intervening in the cycle of mistreatment.

Chapter Eight describes our research-based, time-tested, best-practice model, the Safe School Ambassadors program, which shows how students can take the lead in stopping mistreatment in schools. Chapter Nine showcases the concrete results of these students' efforts, including the voices, experiences, and stories of actual ambassadors in the field.