

Sample Questions for Community Building

Getting Acquainted:

- What is your favorite thing to eat and why?
- If you could be a superhero, what superhero powers would you choose and why?
- How would your best friend describe you?
- What would you not want to change about your life and why?
- If you had an unexpected free day, what would you like to do?
- If you were an animal, what animal would you be and why?
- What is one thing or person who always makes you laugh and why?
- What do you like to collect and why?
- If you could have a face-to-face conversation with anyone, who would it be and why?
- What is your favorite weekend activity and why?
- What is your favorite place and why?
- If you could change anything about yourself, what would it be?
- What is your favorite color and why?
- What is one of your favorite childhood memories and why?
- What is your favorite movie and why?

Check-in Circle:

- How are you feeling today and why?
- What was a highpoint or low point of your evening/weekend and why?
- What is something you are looking forward to today or this week and why?
- What is one thing you would like to accomplish and why?
- What was the biggest challenge you had in completing your homework and why?

Check-out Circle:

- What was your favorite thing about today and why?
- What are you looking forward to the rest of the day, this evening, or this weekend and why?
- Give a compliment to someone for something they did well this week.
- Talk about one of your academic goals and what you've done to accomplish it.
- Tell something fun or funny that happened to you today.

Guidelines:

- Respect the talking piece: everyone listens, everyone has a turn
- Speak from the heart: your truth, your perspective, your experience
- Listen from the heart: let go of stories that make it hard to hear each other
- Trust that you will know what to say: no need to rehearse
- Say just enough: without feeling rushed, be concise and considerate of the time and others